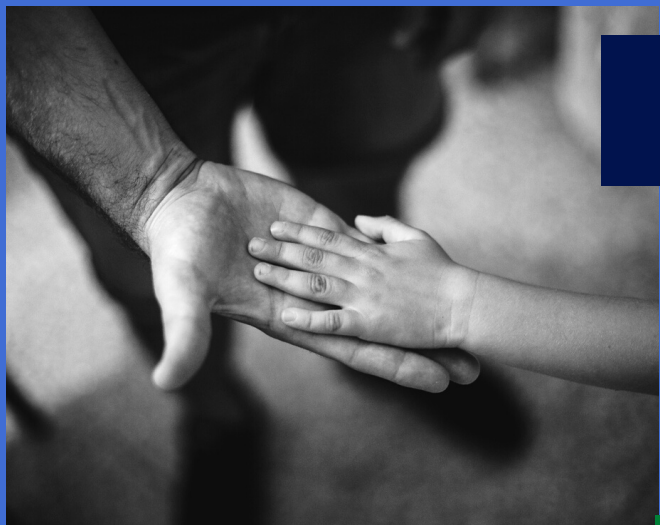


Strengthening Families Program (SFP) is a national model program. It is the first research-based parenting program specifically designed for families with parents suffering substance use disorders.



Education

SFP is a multicomponent, family-focused program that targets families at risk. This program provides prevention services for children (ages 7-17) and parents who are actively involved in substance abuse treatment.

Prevention

The Strengthening Families Program runs weekly in 3-hour sessions (4:30pm-7:30pm). SFP's goal is to empower and unify families currently in supportive living as they re-enter society and maintain recovery.



Intervention

Families in SFP have experienced:

- Positive communication and skill development
- Improved parent/child relationships
- Decreased instances of depression
- Greater family cohesion
- Reduction in conflict and violence
- Improved success in school and employment

