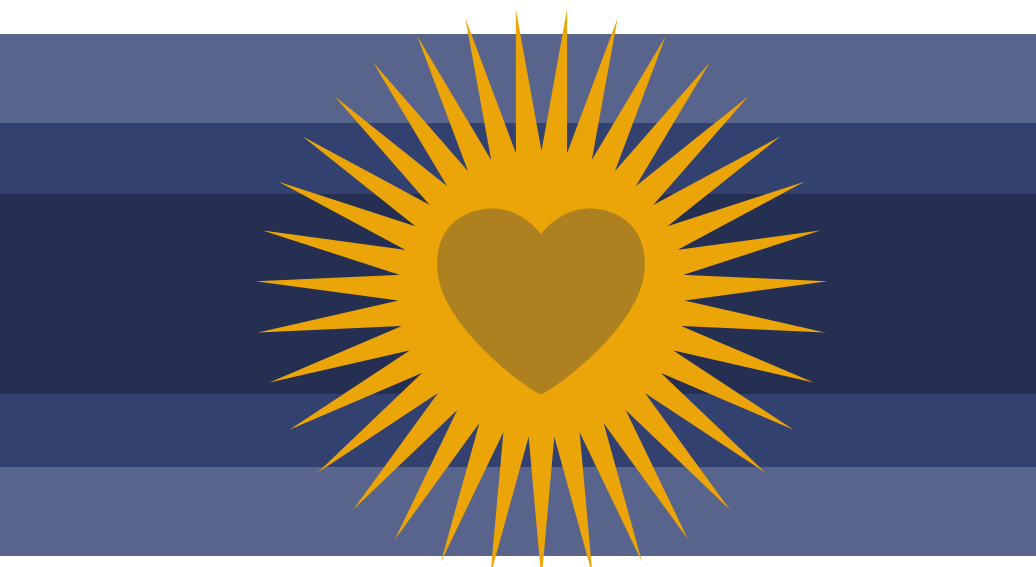


Student Assistance Programs (SAP)



Teen Intervene

Teen Intervene (TI) is an evidence-based program both nationally (SAMHSA) and in New York State (NYS Registry of Effective Prevention Programs). The current model is implemented in various schools during the school day. The Prevention Council SAP staff receives referrals from school professionals or parents for various reasons. TI was developed to bridge the gap between intervention and substance abuse treatment for adolescents ages 12-19. The intervention is designed to be brief, cost effective, and developmentally appropriate for youth who are more likely to be receptive to selfguided behavioral changes.

Appropriate for youth who:

- Display early signs of drug use problems at home or in school
- Have a family history of addiction

Who should refer:

- School administrators
- Social workers/counselors
- Parents



Student Assistance Prevention Counseling

Student Assistance Prevention Counseling (SAPC) is a prevention counseling program licensed by the NYS Office of Alcoholism and Substance Abuse Services. The program utilizes a multidisciplinary approach and intervention system to remove barriers hindering educational and personal development. SAPC incorporates researched based strategies to increase protective factors and reduce known risk factors to enhance positive youth development. The program targets youth in grades 5-12 and utilizes a unique approach that involves the individual, schools, community and family.

Student Assistance Prevention Counseling also offers continued support for youth who have completed the Teen Intervene program.

Student Assistance Program Services Include:

- Individual and confidential sessions with students
- Consultations with family members, school personnel and others who are important in the young person's life
- Educational support and referrals for problems associated with alcohol, tobacco and other drugs